

ANSON LIU

E-mail: anson@ansonliumd.com

BOARD CERTIFICATIONS

- Child and Adolescent Psychiatry, American Academy of Psychiatry and Neurology, 9/22/16
- Psychiatry, American Academy of Psychiatry and Neurology, 9/24/15

POST-GRADUATE MEDICAL TRAINING

Child and Adolescent Psychiatry Fellow, University of Maryland/Sheppard Pratt

Baltimore, Maryland

Chief, Sheppard Enoch Pratt Hospital and Fellowship Program Recruitment 2015-2016.

Performance rating: Superior, above expected level average rating on clinical performance reviews.

Graduation: June 2016

Adult Psychiatry Resident, University of Maryland/Sheppard Pratt

Baltimore, Maryland

Performance rating: Superior, above expected level average rating on clinical performance reviews.

Graduation: June 2014

MEDICAL LICENSURE

The College of Physicians and Surgeons of Ontario

Effective October 2, 2018. Independent Status in the practice of Child, Adolescent and Adult Psychiatry granted January 24, 2020

The Board of Physicians of the State of Maryland

Effective April 15, 2013

EDUCATION

Doctor of Medicine, University at Buffalo School of Medicine and Biomedical Sciences

Buffalo, New York

Graduation: June 2011

Bachelor of Science, The University of Texas at San Antonio

San Antonio, Texas

Major: Biology- **Summa Cum Laude (Overall GPA:4.0 and recipient of University President's Award)**

Graduation: May 2007

Master of Science, University of Nevada, Las Vegas

Las Vegas, Nevada

Major: Hotel Administration (Marketing Concentration) - Magna Cum Laude

Graduation: August 2000

Bachelor of Economics, The University of Sydney

Sydney, New South Wales, Australia

Major: Economics, Finance
 Graduation: August 1998

CONTINUING EDUCATION

- Psychodynamic Psychotherapy, Cognitive Behavioral Therapy and Support Behavioral Therapy, June 2011- June 2016.
- Trauma Focused Cognitive Behavioral Therapy Training, June 2015-June 2016
- Completion of Psychotherapy Training Seminar: Good Psychiatric Management (GPM). Seminar Director: John Gunderson, M.D., founder of this evidenced based treatment for Borderline Personality Disorder. March 2016.
- Training in Child-Parent Psychotherapy. Course Director: Alicia Lieberman, PhD, founder of this evidence based treatment for children exposed to trauma between ages 0-6, June 2015-June 2016
- Completion of Psychotherapy Training Seminar: Parent Infant Psychotherapy. Seminar Director: Dr. Miri Kerin, M.D. President of the World Association for Infant Mental Health. December, 2014.
- Completion of Psychotherapy Training Seminar: The 35th International Audio-Visual Symposium of the Science of the Metapsychology of the Unconscious; An Extensive Experiential Clinical Audio-Visual Exploration of the Dynamic Unconscious. Seminar Director: Dr. Habib Davanloo, M.D. Founder of Intense Short-Term Dynamic Psychotherapy (ISTDP) and director of the International Institute for Short-Term Dynamic Psychotherapy. October, 2014.
- Completion of Adult Psychoanalytic Fellowship Program, Baltimore Washington Psychoanalytic Institute. April, 2014.
- Certificate of Completion for the “Buprenorphine in the Treatment of Opioid Dependence; 8-hour course sponsored by the American Academy of Addiction Psychiatry.” October, 2013.

PROFESSIONAL EXPERIENCE

Forensic and Medico-Legal Consultant

Baltimore, MD and Guelph, ON 1/12-Present

- Assisted in independent psychiatric assessments in criminal cases while working at Springfield Hospital in Sykesville, Maryland, including not criminally responsible (NCR) cases as well as evaluations for malingering.
- Assisted and completed evaluations for civil cases, including accident benefit cases and disability claims for the University of Maryland Medical Center, Aspire Wellness Center as well as in my private practice.
- Consultant for the Maryland Department of Juvenile Services performing pre-adjudication evaluations for comprehensive treatment plan recommendations for youth with legal charges.
- Completed evaluations for disability for the Canadian Mental Health Association, Waterloo Wellington in the Child and Adolescent Psychiatry Services, Adult Psychiatry Services, Flexible Assertive Community Treatment Team as well as First Step Early Psychosis Intervention Team.
- Independent Disability Assessments for Insurance Companies in Ontario
- Received mentorship and training from board certified forensic psychiatrists as well as through PscIME.

Executive Coach and Consultant, Founder and President, Anson Liu, M.D., Executive Coaching and Consulting

Guelph, ON 3/21-Present

- Transformation coaching for executives, physicians and other professions to gain self-awareness and emotional wellness in order achieve peak performance as well as quality of life

Assistant Clinical Professor (Adjunct), Department of Psychiatry and Behavioral Neurosciences, McMaster University School of Medicine, Waterloo Regional Campus

Waterloo, ON 8/19-Present

- Clinical instruction and supervision of psychiatry residents and medical students
- Advisor for medical students

Lead Psychiatrist/Psychiatrist, Canadian Mental Health Association, Waterloo Wellington

Guelph, ON 10/18-Present

- **Psychiatrist- Children and Adult Outpatient Treatment Services.** (Current) Treatment for child, adolescent and adult patients (age 5+) classified as moderate to high level acuity and service needs. Provided evaluations, consultations, medication and psychotherapy treatment.
- Working with Executive Director to help improve systems, quality control and outcomes
- Quality of care and system review committee
- Consultant and peer supervisor for agency psychotherapists
- Created and implemented a new pathway for children and adolescents with Autism Spectrum Disorder for faster diagnosis and referral or initiation of treatment and services in the Wellington Waterloo Region
- **Lead Psychiatrist- First Step Early Psychosis Intervention Program.** (ended October 2020) Provided community outreach multidisciplinary team based assessment and treatment program for patients who are experiencing a first episode of psychosis. Provided evaluations, consultations, medication and psychotherapy treatment.
- **Psychiatrist- Flexible Assertive Community Treatment Team (FACT)** (ended August 2020). Provided community outreach mental health treatment in a multidisciplinary team based setting, supporting patients diagnosed with serious and persistent mental illnesses (such as Schizophrenia, Schizoaffective Disorder, personality disorders, and mood disorders), concurrent substance use disorders, and primary substance use disorders. Provided evaluations, consultations, medication and psychotherapy treatment.

Medical Director, Aspire Wellness Center

Nottingham, MD, 9/17-9/18 (Assistant Medical Director, 8/16-9/17)

- Psychiatric evaluation and treatment of children, adolescents and adults with medication management and psychotherapy.
- Supervision of all psychiatric providers (psychiatrists and nurse practitioners) at the clinic.
- Responsible for psychotherapy supervision and education for all psychotherapists at the center.
- Assisting in marketing activities, general management, patient satisfaction and quality control, policy development, strategic planning and daily administrative duties.
- Promoted from the position of Assistant Medical Director to Medical Director after working in that capacity from 8/16-9/17.

Private Practice Psychiatrist, Founder and President, Comprehensive Psychiatric Services of Maryland, LLC

Towson, MD, 8/16-9/18

- Founder and president of this fee-for-service private practice.
- Psychiatric evaluation and treatment of children, adolescents and adults with medication management and psychotherapy.

Adult Psychiatrist Consultant, St Joseph's Medical Center

Towson, MD, 09/13- 06/16

- Emergency Department and Inpatient Medical Unit psychiatric consultations and admissions for this 320 bed hospital.
- Weekend on-call duty and coverage of 18 bed psychiatric inpatient unit and partial hospitalization program.
- Psychiatric evaluations and treatment recommendations to patients' primary care physicians.

Senior Pharmaceutical Representative, Janssen Pharmaceutica

San Antonio, TX, 06/03-09/05.

- President's Trophy Award for Pinnacle Performance, 2005.
- Product consultant for Aciphex, Reminyl, Risperdal, Sporanox, Levaquin and Ultracet for over 200 physicians from various specialties in the San Antonio medical center and the South Texas area.
- Responsible for assisting physicians in obtaining all requested data pertaining to company products, providing patient education materials, presenting solutions to problems of patient access to medications by providing information on managed care and company patient assistance programs.
- Responsible for assisting in the training of new representatives and leadership activities in the company.

Pharmaceutical Sales Specialist, Pharmacia Corporation

San Antonio, TX, 04/02-06/03.

- Platinum Award for Pinnacle Performance, 2003.
- Product consultant for Celebrex, Bextra, Detrol LA and Depo-Provera for over 200 physicians from various specialties in the San Antonio medical center and the South Texas area.
- Responsible for assisting physicians in obtaining all requested data pertaining to company products, providing patient education materials, presenting solutions to problems of patient access to medications by providing information on managed care and company patient assistance programs.

Hotel Groups and Conventions Sales Manager, Omni Hotels

Austin, TX, 09/00-04/02.

- Best Sales Performance and Customer Service Award, Omni Hotels, 2001
- Responsible for selling hotel rooms, food & beverage, meeting space and conventional services to large groups and conventions for this luxury hotel company.
- Responsible for market research activities and supervision of all staff members involved with servicing conventions, hotel guests and VIP's.

Research Assistant, UNLV Institute of Hospitality & Gaming Research

Las Vegas, NV, 01/99-08/00.

- Assisted the director in the collection of data for publications and institute presentations and was responsible for miscellaneous administrative work.

Operations Manager, Midnight Shift Hotel

Sydney, NSW, Australia, 01/95-11/98.

- Responsible for daily managerial duties including scheduling, supervision, recruitment and training of employees, cash and inventory management, marketing activities and all security and safety issues associated with the premises.

TEACHING EXPERIENCE

- Supervisor for Psychiatry Residents and Medical Students from McMaster University School of

Medicine August 2019-Present

- Consultant and peer supervisor for CMHA agency psychotherapists, October 2018-Present.
- Supervision of all psychiatric providers at the Aspire Wellness Center, August, 2016-September 2018.
- Chief Resident- University of Maryland/Sheppard Pratt Child and Adolescent Fellowship Program, June 2015-June 2016.
- Teaching monthly educational seminar series to psychiatry residents of all levels on interacting with difficult parents and treating patients with personality disorders September 2014-July 2015.
- Created and taught lecture series to third and fourth year medical students, "Psychiatric Interviewing, Mental Status Exam and Comprehensive Write-up." July 2013- July 2014.
- Clinical teaching to second and third year medical students on psychiatric interviews, psychopharmacology, patient care, medical care in psychiatry and discharge planning during inpatient service July 2012-July 2013.
- Independently created and taught a seminar as a consultant for Bellagio Resort and Casino, Las Vegas, NV to all department directors. "Five Star Customer Service and International Guest Awareness." May 1999.

RESEARCH EXPERIENCE

- Psychiatry Resident research with guidance from Dr. Seth Himelhoch, M.D. at University of Maryland School of Medicine, Department of Psychiatry, 7/13-5/14 resulting in a publication in *General Hospital Psychiatry*. Collaborated with two other psychiatry residents to conduct a meta-analysis to assess the efficacy of ketamine in comparison with placebo for the reduction of depressive symptoms in patients who meet criteria for a major depressive episode. Responsible for literature review, collection of all data, completion of meta-analysis paper, preparation for presentations and submission for publication.
- Research fellow under Dr. Peter Nagele, M.D. (Anesthesiology) at Washington University School of Medicine, Department of Anesthesiology, 6/08-8/08. Responsible for patient selection, recruitment and clinical data collection for the clinical research study. Responsible for the collection of blood and EKG samples from patients, infusion of the study drug per study protocols and maintenance of the study database. Completed literature reviews for the principle investigator in an additional clinical study and performed an oral presentation at the departmental grand rounds meeting. Completed 2 poster presentations at the American Society of Anesthesiologists National Annual Scientific Meeting.
- Research assistant/Co-author under Dr. Charles Randall, M.D. (Gastroenterology) at Gastroenterology Clinic of San Antonio and The University of Texas Health Science Center at San Antonio, School of Medicine, 03/06-12/06. Responsible for the collection and compilation of data for clinical research projects at the research lab. Assisted in the publication of 10 papers in the *American Journal of Gastroenterology* and *Gastroenterology* and completed 4 presentations at the American College of Gastroenterology National Annual Scientific Meeting in various topics in gastroenterology.
- Research assistant under Dr. Andrew Nazurachuk, Ph.D. at the UNLV Institute of Hospitality & Gaming Research, University of Nevada, Las Vegas, 01/99-08/00. Assisted the director in hospitality and gaming research.
- Successful completion and defense of master's thesis. "Casino database marketing and market segmentation in Las Vegas hotels/casinos," 01/00-08/00. Thesis examination committee chair: Dr. Shannon Bybee, J.D., Dr. John Bowen, Ph.D.

PUBLICATIONS

- 1) Lee, E., Della Selva, M., **Liu, A.** Ketamine as a novel treatment for major depressive disorder and bipolar depression: a systematic review and quantitative meta-analysis. *General Hospital Psychiatry*. 2015; 37: 178-184.
- 2) Randall, C., **Liu, A.**, Taboada, C., Najera, R., Gossen, G., Havranek, R., Zurita, F., Stump, D., Ford, J. Irritable bowel patients with diarrheal predominance have a high frequency of bacterial overgrowth and disaccharidase deficiencies. *Gastroenterology*. 2007; 132: A675.
- 3) Randall, C., Ramos, J., Taboada, C., **Liu, A.**, Najera, R. A novel treatment for gastrocutaneous fistulae. *Supplement to Digestive Disease Week 2007*.
- 4) Havranak, R., Randall, C., Taboada, C., Stump, D., Zurita, F., Gossen, G., Munoz, J., Mazloun, B., **Liu, A.**, Jaime, J. Outcome Data in 104 patients presenting to a community clinic for capsule endoscopy. *The American Journal of Gastroenterology*. 2006; 101(S2): S406.
- 5) Randall, C., **Liu, A.**, Taboata, C., Havranak, R., Zurita, F., Craig, J. Motility patterns associated with symptoms of delayed gastric emptying. *The American Journal of Gastroenterology*. 2006 ; 101(S2): S95.
- 6) Randall, C., **Liu, A.**, Taboata, C., Havranak, R., Zurita, F., Craig, J. Dysmotility related non-ulcer dyspepsia is more common than functional non-ulcer dyspepsia. *The American Journal of Gastroenterology*. 2006; 101(S2): S94.
- 7) Randall, C., **Liu, A.**, Taboata, C., Havranak, R., Zurita, F., Craig, J. Does the treatment of tachygastria-associated non-ulcer dyspepsia improve quality of life? *The American Journal of Gastroenterology*. 2006; 101(S2): S83.
- 8) Randall, C., **Liu, A.**, Taboata, C., Havranak, R. Does Pharmacotherapy improve quality of life in patients with presbyesophagus? *The American Journal of Gastroenterology*. 2006; 101(S2): S56.
- 9) Randall, C., **Liu, A.**, Jackson, C., Taboata, C., Havranak, R., Jacobs, C., Asgari, S., Ford, J. Endoscopic findings in 47 patients with amyotrophic lateral sclerosis. *The American Journal of Gastroenterology*. 2006; 101(S2): S504.
- 10) Randall, C., **Liu, A.**, Jackson, C., Taboata, C., Havranak, R., Jacobs, C., Asgari, S., Ford, J. Preoperative anesthetic cream decreases incisional pain in patients with amyotrophic lateral sclerosis undergoing gastrostomy placement. *The American Journal of Gastroenterology*. 2006; 101(S2): S503.
- 11) Randall, C., **Liu, A.**, Jackson, C., Taboata, C., Havranak, R., Jacobs, C., Asgari, S., Ford, J. Safety and outcomes of percutaneous endoscopic gastrostomy in patients with amyotrophic lateral sclerosis. *The American Journal of Gastroenterology*. 2006; 101(S2): S406.

PRESENTATIONS

- 1) Borderline Personality Disorder: Etiology, Diagnosis in Adults and Adolescents and Treatment Options. Canadian Mental Health Association Waterloo Wellington, Guelph, Ontario 2019
- 2) Long-acting Injectable Medications in Schizophrenia and Flexible Assertive Community Treatment (FACT). Grand River Hospital "Day in Psychiatry," Kitchener, Ontario 2019
- 3) Case study: Treatment of Early-Onset Schizophrenia in Adolescents- Current Treatments and Dilemmas. University of Maryland Department of Psychiatry Annual Research Day, Baltimore, Maryland 2016.

- 4) International Case Conference: Treatment of PTSD in Children with Child-Parent Psychotherapy: A Dyadic Approach. University of Maryland Department of Psychiatry Teleconference with the University of Coast Rica Department of Psychiatry, Baltimore Maryland 2015.
- 5) End of Life Care and Dignity Therapy- A Resident's Perspective, Seminar Presentation. American Psychiatric Association 167th Annual Meeting, New York City, New York, 2014.
 - 1.
- 6) The MTRR A66G mutation is not associated with homocysteine increase after nitrous oxide anesthesia. American Society of Anesthesiologists National Annual Scientific Meeting, Orlando, Florida 2008.
 - 2.
- 7) The pharmacogenetics of adverse outcomes after nitrous oxide anesthesia. American Society of Anesthesiologists National Annual Scientific Meeting, Orlando, Florida, 2008.
- 8) Post-operative myocardial ischemia after major head and neck cancer surgery. Washington University Department of Anesthesiology Grand Grounds Meeting, St. Louis, Missouri, 2008.
- 9) Motility patterns associated with symptoms of delayed gastric emptying. American College of Gastroenterology National Annual Scientific Meeting, Las Vegas, Nevada, 2006.
- 10) Dysmotility related non-ulcer dyspepsia is more common than functional non-ulcer dyspepsia. American College of Gastroenterology National Annual Scientific Meeting, Las Vegas, Nevada, 2006.
- 11) Does the treatment of tachygastria-associated non-ulcer dyspepsia improve quality of life? American College of Gastroenterology National Annual Scientific Meeting, Las Vegas, Nevada, 2006.
- 12) Does Pharmacotherapy improve quality of life in patients with presbyesophagus? American College of Gastroenterology National Annual Scientific Meeting, Las Vegas, Nevada, 2006.

HONORS AND AWARDS

- University of Maryland/Sheppard Pratt Child and Adolescent Psychiatry Fellowship Program, Nominated as Chief responsible for Sheppard Enoch Pratt Hospital and Fellowship Program Recruitment 2015-2016.
- Nominated by peers in the Child and Adolescent Psychiatry fellowship program to be their representative speaker at the AACAP Legislative Conference on Capitol Hill, Washington D.C., April, 2015. Selected to present AACAP Congressional requests in a unique private session with Congressman Dr. Andy Harris.
- University of Maryland/Sheppard Pratt Psychiatry Residency Program, New Residents Selection Committee, 2013-2014.
- Foundation for Anesthesiology and Research Summer Scholarship Award, Washington University Department of Anesthesiology, 2008.
- Anesthesiology Student Interest Group, University at Buffalo School of Medicine Chapter. Co-founder and co-president.
- University President's Award for graduating with an overall GPA of 4.0, 2007.
- Dean's List for all semesters at The University of Texas at San Antonio, 2004-2007.
- Alpha Epsilon Delta (National Pre-medical Honors Society), 2005-2007. Elected Vice-President, 2006-2007.
- Golden Key International Honor Society, 2005-2007.
- National Dean's List, 2004-2007.

- Medical Professions Scholarship for Academic Excellence, Methodist Hospital, San Antonio, TX, 2005-2006.
- President's Trophy Award for Pinnacle Performance, Janssen Pharmaceutica (Johnson & Johnson), 2005.
- Platinum Award for Pinnacle Performance, Pharmacia Corporation, 2003.
- Best Sales Performance and Customer Service Award, Omni Hotels, 2001.
- Eta Sigma Delta (International Hotel Honors Society), 1999-2000.
- William F. Harrah Graduate Student Scholarship, University of Nevada, Las Vegas, 1999-2000.
- Dean's List for all semesters at University of Nevada, Las Vegas, 1999-2000.

LANGUAGE PROFICIENCY

- English: fluency - written and spoken
- Cantonese Chinese: fluency- spoken only

PROFESSIONAL SOCIETY MEMBERSHIPS

- Ontario Medical Association; 10/2018 – present
- Royal College of Physicians and Surgeons, Canada; 10/2018 - present
- American Academy of Child and Adolescent Psychiatry
- American Psychiatric Association
- Maryland Psychiatric Association

INTERESTS/HOBBIES

- Competitive Powerlifting, bodybuilding, martial arts (Brazilian Jiu-Jitsu, Karate-black belt, Muay Thai-competition level, Boxing (1994 Runner-up NSW State Novice Champion), skiing (Canadian Ski Instructors' Alliance Level 1 Instructor), PADI advanced open water SCUBA certification, tennis and cycling, dining out, traveling and movies.